

# Age Appropriate Chores

## CHECKLIST

### Ages 2 - 3

- Get dressed
- Pick up toys and books
- Make the bed
- Put clothes in the hamper
- Put away silverware and tupperware
- Fold rags and dish towels
- Help wipe up spills
- Place own plate and cup in the sink

### Ages 4 - 5

- All previous tasks
- Set and clear the table
- Fold and sort laundry onto shelves
- Help put groceries away
- Wash fruits and veggies

# Age Appropriate Chores

## CHECKLIST

---

### Ages 6 - 8

- All previous tasks
- Help with pets
- Wipe down table
- Put dishes away
- Help pack school lunch
- Prep a simple snack
- Collect trash
- Sort laundry from whites to colors
- Vacuum
- Shower and get ready for the day

# Age Appropriate Chores

## CHECKLIST

### Ages 9 - 11

- All previous tasks
- Sweep and mop floor
- Clean bathrooms
- Help with yard work
- Clean out the car
- Make simple meals
- Clean mirrors and windows
- Bring in the mail

### Ages 12 - 15

- All previous tasks
- Make meals and meal plan
- Baby sit siblings
- Do own laundry
- Take trash to the curb

# Age Appropriate Chores

## CHECKLIST

### Ages 16+

- Job outside the home
- Responsible for own money
- Most adult responsibilities

These guidelines are simply suggestions. Each child is different. Take your child's skill level and abilities into consideration.